

Kayaking Checklist

Basic Kayaking Gear (Recreational Kayaking)

- Kayak
- Paddle
- Spray skirt (sit-in kayaks only)
- PFD life vest
- Waterproof sunscreen
- Insect repellent
- Sunglasses
- Water bottle or hydration pack

Kayak Touring Gear

- Dry storage bags
- Deck rigging
- Float bags
- Kayak repair kit
- Paddling jacket or splash top
- Overnight camping gear

Whitewater Kayaking Gear

- Paddle leash
- Kayaking helmet
- Wetsuit and dry top or paddling jacket

Kayaking Apparel (Cold Conditions)

- Quick-drying base layer
- Drysuit (for extreme cold conditions)
- Wetsuit (for cold conditions)
- Neoprene hood
- Dry top or paddling jacket
- Neoprene paddling shoes

Kayaking Apparel (Warm Conditions)

- Swim trunks
- Rash guard
- Bucket hat or cap
- Sandals

Emergency Gear

- First aid kit
- Emergency blanket
- Map and compass
- Cell phone in waterproof bag or case
- Fire starter/lighter/matches
- Whistle
- Signal mirror
- Knife or multi-tool
- Flashlight or headlamp
- Water purifier or purification tablets
- Energy bars or gels
- Toilet paper in zip-lock bag

Additional Kayaking Gear

- Cockpit cover
- Boat cart
- Fishing gear
- Fishing license
- Camera
- Binoculars
- Weather radio
- Two-way radios
- Bilge pump
- Anchor